



Grade 1E Assembly

Date and Day	24-06-25 (Tuesday)
In Charge	Ms. Jeseena
Participants	Grade 1E students
Quran Recitation	Ijthihad Mohd
National Anthem	Nahyan, Shameer, Noor, Athaliya, Mohd Ali, Hamdhan, Farhan.
English Prayer	Husna Nurul
Thought of the Day	Oyshi Rani
News	Mohd Hamdhan
Speech	Ahlam Shahriyar
Activities	Yoga demo, yoga slogans, and breathing exercise
Report	International Yoga Day is celebrated on June 21 to spread awareness about the benefits of yoga. Our students enthusiastically showcased this special day in the assembly through various meaningful activities. They actively participated in a yoga demonstration, showcasing basic asanas to promote physical well-being. They also presented thought-provoking slogans highlighting the importance of yoga and wellness. Additionally, breathing exercises like inhale and exhale were practiced to encourage calmness and relaxation.

