



## Doctor's Health Talk

<b>Date and Day</b>	30-09-2025 (Tuesday)
<b>Objectives</b>	<ul style="list-style-type: none"><li>● To understand the importance of personal hygiene, dental care, and overall safety.</li><li>● To learn correct habits for maintaining cleanliness and staying healthy.</li><li>● To develop awareness about handling potentially harmful objects safely</li></ul>
<b>Conducted by</b>	Dr. Elicin Deepak
<b>Participants</b>	Grade 1&2 students
<b>Activity</b>	<p><b>Grade 1:</b> Grade 1 students attended an engaging session on <i>Personal and Dental Hygiene</i>. The doctor explained the importance of daily cleanliness such as handwashing, bathing, and wearing clean clothes. He demonstrated the correct brushing technique and encouraged students to eat healthy foods for strong teeth and a healthy body.</p> <p><b>Grade 2:</b> Grade 2 students participated in an informative session on <i>Safety and Awareness</i>. The doctor guided them on how to stay safe, be alert to their surroundings, and handle sharp or hazardous items responsibly. The session was highly interactive, enabling students to understand real-life safety measures and the importance of being cautious and responsible.</p>
<b>Learning outcome</b>	<ul style="list-style-type: none"><li>● Students understood the significance of good hygiene and personal safety.</li><li>● They learned and demonstrated correct hygiene practices and safety habits.</li><li>● They showed increased awareness and responsibility toward maintaining health and safety in everyday life.</li></ul>

